

EASY PEASY UKULELE

LEARNING JOURNEY CHORD DICTIONARY CHORD EXERCISES

**TO BE USED IN CONJUNCTION WITH THE BOOKLET:
UKULELE BEGINNER'S GUIDE AND SONGLETS**

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KEY:

- BG1 = BEGINNER'S GUIDE PAGE 1
- EPCE1 = EASY PEASY CHORD EXERCISE 1
- EPCD = EASY PEASY CHORD DICTIONARY

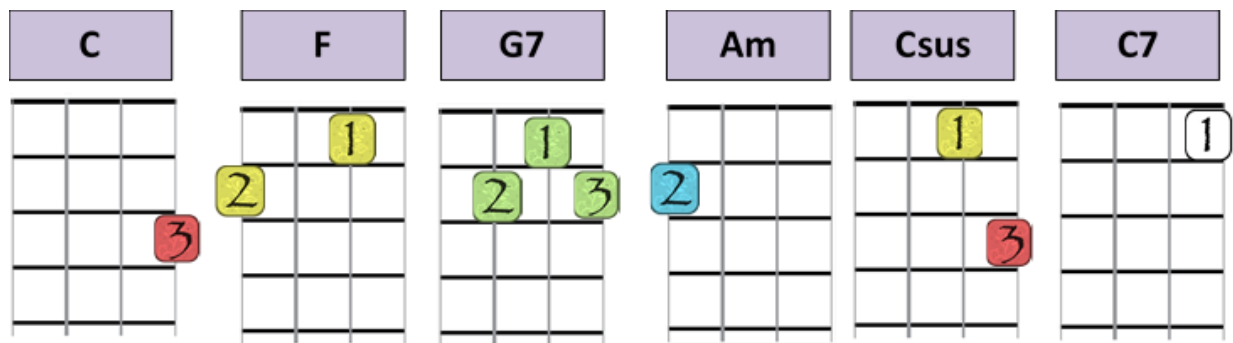
STEP	LEARN	MATERIALS	PRINCIPLES
1	HOW TO HOLD THE UKULELE	BG1	<ul style="list-style-type: none"> • UKE IN THE CROOK OF THE RIGHT ELBOW (THIS LIMITS ARM MOVEMENT AND PROMOTES STRUMMING FROM THE WRIST) • UKE NECK IS TILTED UP SLIGHTLY (45 DEGREES) • RH FALLS WHERE THE UKE BODY MEETS THE NECK (SWEET SPOT) • LH REST POSITION – UKE NECK IS CRADLED IN THE CROOK OF THE THUMB AND FOREFINGER
2	PARTS OF A UKULELE	BG2	<ul style="list-style-type: none"> • FOCUS ON TUNING PEG, FRETBOARD AND FRET
3	THE STRINGS	BG3	<ul style="list-style-type: none"> • GIRAFFES CAN'T EAT ALLIGATORS • PLAY ANY STRING ON DEMAND
4	TUNER AND TUNING	BG4	<ul style="list-style-type: none"> • RAPID AND CONTINUOUS PLAYING OF THE STRING WITH THE THUMB WORKS BEST WHILST TUNING • LEAVE THE TUNER CLIPPED ON AND CHECK REGULARLY
5	LEFT HAND	BG5	<ul style="list-style-type: none"> • KEEP FINGERNAILS VERY, VERY SHORT TO PREVENT BUZZING AND TO MAKE A CLEAN CONNECTION BETWEEN FINGERTIP, STRING AND FRETBOARD
6	COLOURED DOTS	BG6	<ul style="list-style-type: none"> • EXTRA BLUE DOT (Am) STRING 4, FRET 2
7	C CHORD	BG6/7	<ul style="list-style-type: none"> • LH THUMB DROPS DOWN FROM THE 'REST POSITION' TO BE POINTING UP ON THE CENTRE OF THE NECK OF THE UKE (BEHIND FRET 2) – THIS CREATES THE 'SIGHT HOLE' AND PREVENTS THE 'DEATH GRIP' (APPLY AND CHECK WITH ALL CHORDS) • FINGERS SHOULD BE CURVED, ON THEIR TIPS – AS PER THE SCUBA DIVER'S 'OK' SIGNAL • FOCUS ON THE THUMB STRUM FIRST • PLAY EIGHT STEADY BEATS

STEP	LEARN	MATERIALS	PRINCIPLES
8	F CHORD	BG6/7	• AS STEP 7
9	STRUMMING	BG7	<ul style="list-style-type: none"> • READ THIS PAGE CAREFULLY FOR CORRECT TECHNIQUE • COMPARE THUMB AND INDEX FINGER STRUM • TRY EITHER, BUT WORK TOWARDS THE INDEX FINGER STRUM EVENTUALLY • TRY TO AVOID THE PLECTRUM AT THIS STAGE • THE STRUMMING HAND IS LIKE A DRUMMER – KEEPING A STEADY BEAT
10	CHANGING CHORDS BASICS NO RHYTHM OR BEAT	F TO C (APPLIES TO ALL CHORD CHANGES)	<ul style="list-style-type: none"> • SPARE FINGERS 'HOVER' READY FOR THE NEXT CHORD • 'LOOK AND POUNCE' • WORK TOWARDS CHANGING CHORDS WITHOUT LOOKING AT THE LEFT HAND
11	MOVE FROM F TO C (8 BEATS ON EACH)	EPCE1	<ul style="list-style-type: none"> • CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 • SMOOTH CHANGES WITH NO GAPS
12	MOVE FROM F TO C	SONGLET 1	<ul style="list-style-type: none"> • CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9, 10 AND 11 • STRUM/SING ACHY BREAKY HEART
13	Am	BG6 EPCD	• APPLY PRINCIPLES IN STEPS 1 AND 7
14	MOVE FROM F TO Am (8 BEATS ON EACH)	EPCE2	<ul style="list-style-type: none"> • CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 • SMOOTH CHANGES WITH NO GAPS

STEP	LEARN	MATERIALS	PRINCIPLES
15	MOVE FROM F TO Am	SONGLET 5	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9, 10 AND 11 STRUM/SING ELEANOR RIGBY
16	MOVE FROM C TO Am AND Am TO F (8 BEATS ON EACH)	EPCE3/4	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
17	G7	BG6	<ul style="list-style-type: none"> APPLY PRINCIPLES IN STEPS 1 AND 7
18	MOVE FROM F TO G7 (8 BEATS ON EACH)	EPCE5	<ul style="list-style-type: none"> INDEX FINGER REMAINS IN THE SAME PLACE – FINGERS 2 AND 3 ‘SWING ACROSS’ CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
19	MOVE FROM C TO Am TO F TO G7 (8 BEATS ON EACH)	EPCE6	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
20	MOVE FROM C TO Am TO F TO G7	SONGLET 17	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9, 10 AND 11 STRUM/SING PLEASE MR POSTMAN

STEP	LEARN	MATERIALS	PRINCIPLES
21	MOVE FROM G7 TO C AND C TO F TO G7 TO C (8 AND 4 BEATS ON EACH)	EPCE7/8	<ul style="list-style-type: none"> ON G7 TO C – THIRD FINGER SLIDES DOWN TO THE RED DOT CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
22	MOVE FROM C TO F TO G7 TO C	SONGLET 11	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9, 10 AND 11 STRUM/SING JAMAICA FAREWELL
23	MOVE FROM C TO G7 (8 BEATS ON EACH)	EPCE9	<ul style="list-style-type: none"> ON C TO G7 – THIRD FINGER SLIDES UP FROM THE RED DOT TO THE GREEN DOT CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
24	MOVE FROM C TO G7	SONGLET 2	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9, 10 AND 11 STRUM/SING ACHY BREAKY HEART
25	C _{sus}	EPCD	<ul style="list-style-type: none"> ADD INDEX FINGER AS SHOWN TO THE C CHORD APPLY PRINCIPLES IN STEPS 1 AND 7
26	C _{sus} ENDING	EPCE10/11	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS
27	C7	EPCD	<ul style="list-style-type: none"> APPLY PRINCIPLES IN STEPS 1 AND 7
28	MOVE FROM C TO C7 AND C7 TO F AND C TO C7 TO F (8 BEATS ON EACH)	EPCE12/13/14	<ul style="list-style-type: none"> CONTINUE TO APPLY PRINCIPLES IN STEPS 1, 7, 9 AND 10 SMOOTH CHANGES WITH NO GAPS

EASY PEASY CHORD DICTIONARY



EASY PEASY CHORD EXERCISES

TRY PLAYING EXERCISES 1-9 AND 12-14 WITH 8 STRUMS ON EACH CHORD
 LATER, REVISIT AND TRY WITH 4 STRUMS PER CHORD AS
 YOU GAIN CONFIDENCE TRY 3, 2 AND 1 STRUM(S)

1	F	C	F	C
2	F	Am	F	Am
3	C	Am	C	Am
4	Am	F	Am	F
5	F	G7	F	G7
6	C	Am	F	G7
7	G7	C	G7	C
8	C	F	G7	C
9	C	G7	C	G7
10	C (1)	Csus (1)	C (1)	X
11	C (4)	C (1)	Csus (1)	C (1)
12	C	C7	C	C7
13	C7	F	C7	F
14	C	C7	F	F

NEXT STEPS ON YOUR LEARNING JOURNEY:

- REVISIT ALL CHORD EXERCISES AND TRY WITH 4 STRUMS PER CHORD.
- AS YOU GAIN CONFIDENCE TRY 3, 2 AND 1 STRUM(S) ON EACH CHORD. • TRY OUT SOME OF THE OTHER SONGLETS IN THE BEGINNER'S GUIDE.
- PLAY THE CHORD EXERCISES WITHOUT THE PRINTED COLOURED HIGHLIGHTS (SEE BELOW) THIS WILL HELP YOU WHEN YOU TRANSFER TO THE 'EASY PEASY HOUR' SONGBOOK.
- FROM TIME TO TIME REVISIT THIS BOOKLET AND THE BEGINNER'S GUIDE AND CHECK THAT ALL BASIC PRINCIPLES ARE STILL IN PLACE.

1	F	C	F	C
2	F	Am	F	Am
3	C	Am	C	Am
4	Am	F	Am	F
5	F	G7	F	G7
6	C	Am	F	G7
7	G7	C	G7	C
8	C	F	G7	C
9	C	G7	C	G7
10	C (1)	Csus (1)	C (1)	X
11	C (4)	C (1)	Csus (1)	C (1)
12	C	C7	C	C7
13	C7	F	C7	F
14	C	C7	F	F

REMEMBER:

- IN LEARNING A MUSICAL INSTRUMENT, YOU ARE GIVING YOURSELF A LIFE-LONG GIFT.
- NEW SKILLS AND CONCEPTS WILL TAKE JUST AS LONG AS THEY TAKE TO BECOME 'SECOND NATURE'.
- BE KIND TO YOURSELF AND GIVE YOURSELF TIME TO MAKE THIS HAPPEN.
- I HAVE NEVER YET HEARD ANYONE SAY: "I'M SO GLAD I DIDN'T LEARN TO PLAY A MUSICAL INSTRUMENT".